



## The History of an Unprecedented Health and Healing Event . . .

. . . On a clear, quiet April  
morning . . . 8 years ago

. . . 200 people quietly gathered on the lawn of  
Kansas City's Nelson-Atkins Museum of Art to  
celebrate and educate on the healing benefits  
they'd gotten from . . .

**T'ai Chi & Chi Kung**



. . . Unaware that they were  
giving birth to what  
was about to become

***a world altering movement  
for health & healing . . .***

As they quietly gathered to  
celebrate and share their  
personal healing . . .

# **World T'ai Chi & Chi Kung Day**

*. . . Was born !*

. . . This subtle healing event was  
covered by media worldwide . . .

**CNN**  
**FOX News**



. . . causing others worldwide  
who'd benefited from T'ai Chi & Qigong  
to ask *how they could get involved* . . .

World T'ai Chi & Qigong Day  
was covered by:

**German International Radio**

**The South China Morning Post**

**The New York Times**

**Xinhua News Agency**

**The Wall Street Journal**

**Reader's Digest**

A global health movement began to form, educating millions worldwide of the profound benefits of

# Tai Chi & Qigong

Natural health, and Traditional Chinese Medicine

. . . however, something else came of this event as well . . .

. . . a coming together of peoples from around the globe . . . across economic, & geopolitical boundaries

. . . united by a simple desire for health & healing . . .

... The Kansas City group  
was joined by:



**Hong Kong's Chinese Martial Arts Association**

... then more joined in



**Thailand**





# Russia !



# Argentina



# Hawaii !



# Poland





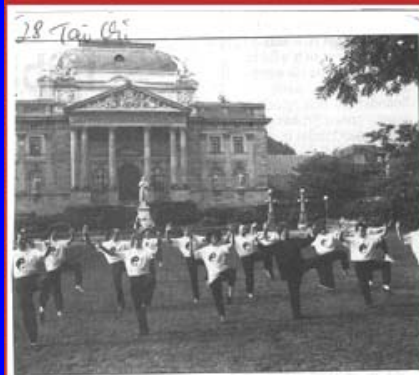
# New Zealand



# Ecuador !



# Germany



## Tai-Chi-Tag auch in Wiesbaden

WIESBADEN Am ersten Welt-Tai-Chi-Tag am Samstag, 10. April, werden weltweit Tausende von Menschen öffentlich die chinesische Kampf- und Entspannungstechnik vorführen. Auch in Wiesbaden erteilt die Tai Chi Schule (unser Bild zeigt eine Gruppe bei einer früheren

Reisinger Anlagen und um 14 Uhr am Warmen Damm kostenlos Tai-Chi-Unterricht und informiert über Tai Chi und Qi Gong (bei Regen: Schlichterstraße 8). Die Idee zum Welt-Tai-Chi-Tag stammt von dem amerikanischen Tai-Chi-Lehrer Bill Douglas.

Foto: Archiv / Eckhard

# China



# Zimbabwe



**Journée Mondiale de Tai Chi**

**Giornata Mondiale del Tai ji**

**Всемирный день "Тай Чи"**

**Svijetski Tai Chi Dan**

**Welt Tai Chi Tag**

**Het Werld Tai Chi Dag**

**Tai Chi di Dunia**

**Dia Mundial de tai chi**

The United Nations, Governors, and  
Mayors began to "Officially Proclaim"  
World T'ai Chi & Qigong Day !

**Brazil !**



United Nations World Health  
Organization recognizes



**World T'ai Chi & Qigong Day**

Governors Officially Proclaim World  
T'ai Chi & Qigong Day !

# Governor of Utah !



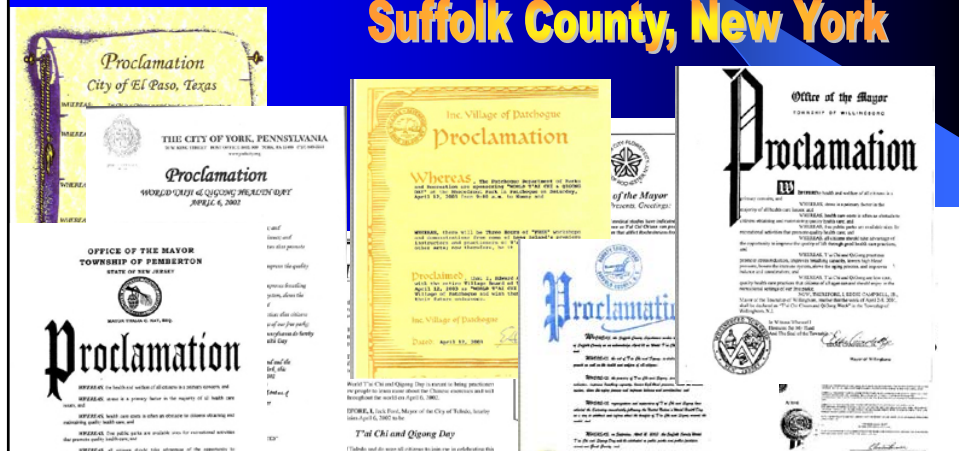


# Mayors of Major Cities

## “Officially Proclaim”

### World T'ai Chi & Qigong Day

**Pemberton, New Jersey**      **St. Louis, Missouri**  
**York, Pennsylvania**      **El Paso, Texas**  
**Rochester, New York**      **Willingboro, New Jersey**  
**Toledo, Ohio**      **Patchogue, New York**  
**Suffolk County, New York**



The World has truly come  
together to support

# World T'ai Chi & Qigong Days

Health and healing efforts

World T'ai Chi & Qigong Day

is now celebrated

in 60 nations worldwide  
on 6 continents

the last Saturday of April  
each year



... and this is only  
“the beginning ...

**[www.WorldTaiChiDay.org](http://www.WorldTaiChiDay.org)**

... A resource center for personal  
and global health and healing.



Visit [www.worldtaichiday.org](http://www.worldtaichiday.org)

to find teachers worldwide,  
medical research on T'ai Chi  
& Qigong and other natural  
health technology benefits.

